

**2005 Youth Risk Behavior Survey
Montana Native American/Reservation
Trend Report**

<i>Injury and Violence</i>	1993	1995	1997	1999	2001	2003	2005
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	97.8	96.4	96.1	96.6	93.6	95.1	96.9
Never or rarely wore a seat belt when riding in a car driven by someone else	50.1	46.7	47.7	34.5	30.0	29.5	27.8
Never or rarely wore a seat belt when driving a car					37.3	38.1	35.8
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	58.2	57.0	52.4	53.3	47.6	43.6	47.3
Drove a car when they had been drinking alcohol during the past 30 days	34.9	32.1	26.7	27.2	24.8	21.3	25.5
Carried a weapon such as a gun, knife, or club during the past 30 days	26.6	24.1	28.4	21.4	24.0	17.3	20.0
Carried a gun during the past 30 days	16.5	14.3	16.4	9.1	12.6	8.7	10.6
Carried a weapon on school property during the past 30 days	17.5	12.0	17.3	12.2	11.8	8.7	10.5
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	9.3	8.5	7.9	8.9	11.0	7.3	7.7
Had been threatened or injured with a weapon on school property during the past 12 months	10.5	8.8	8.4	9.1	11.8	6.8	9.8
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months						26.2	27.7
Were in a physical fight during the past 12 months	55.2	48.5	45.4	43.9	41.1	40.8	43.9
Were injured in a physical fight that required medical treatment during the past 12 months	8.2	9.1	10.6	9.0	9.4	6.6	8.6
Were in a physical fight on school property during the past 12 months	30.4	23.0	20.7	14.9	17.0	15.2	16.1
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months				16.9	13.5	15.2	13.6
Have ever been physically forced to have sexual intercourse when they did not want to				14.6	11.1	8.8	12.8
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months				32.4	31.1	30.0	32.4
Seriously considered attempting suicide during the past 12 months	24.6	17.9	23.3	21.6	24.2	17.5	22.3
Made a plan about how they would attempt suicide during the past 12 months	20.1	15.6	20.3	18.2	20.1	14.0	18.9
Actually attempted suicide during the past 12 months	14.2	11.2	12.9	16.2	20.4	15.3	16.6
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	5.6	4.9	4.4	8.0	7.4	4.3	5.1

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<i>Tobacco Use</i>	1993	1995	1997	1999	2001	2003	2005
Percentage of students who . . .							
Ever tried cigarette smoking	85.6	91.7	89.4	86.9	83.7	84.5	82.9
Smoked a cigarette before age 13	40.1	40.0	41.9	41.8	46.2	42.2	41.5
Smoked a cigarette on one or more of the past 30 days ("current")	50.7	66.9	60.1	53.4	51.5	52.1	52.2
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	20.2	30.7	28.0	27.4	25.2	21.8	17.9
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	6.2	6.5	5.0	10.0	9.5	5.1	7.0
Usually got their cigarettes by buying them in a store or gas station during the past 30 days					13.9	10.7	13.6
Smoked cigarettes on school property during the past 30 days	27.6	37.6	29.3	22.8	24.4	18.6	20.5
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")				41.2	34.2	33.0	30.4
Among current smokers, tried to quit smoking during the past 12 months					42.9	37.4	37.1
Used chewing tobacco, snuff, or dip during the past 30 days	37.1	47.7	30.1	21.9	26.3	20.8	28.8
Used chewing tobacco, snuff, or dip on school property during the past 30 days	31.1	39.7	23.0	16.0	18.7	16.0	21.0
Smoked cigars, cigarillos, or little cigars during the past 30 days				12.4	12.6	10.9	15.3

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<i>Alcohol and Other Drug Use</i>	1993	1995	1997	1999	2001	2003	2005
Percentage of students who . . .							
Had at least one drink of alcohol during their life	86.4	82.7	81.4	83.6	77.2	77.7	83.1
Had first drink of alcohol before age 13	34.2	35.8	39.9	31.1	37.4	31.5	31.2
Had at least one drink of alcohol during the past 30 days ("current")	60.0	58.6	48.4	55.0	54.8	48.8	56.3
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	51.7	50.2	41.2	47.8	47.0	42.7	44.9
Had at least one drink of alcohol on school property during the past 30 days	13.4	8.7	12.7	10.9	14.0	10.9	12.1
Used marijuana during their life	64.8	71.3	75.2	73.9	72.6	74.2	74.7
Tried marijuana before age 13	25.9	24.2	25.4	31.0	37.1	35.4	37.9
Used marijuana during the past 30 days ("current")	40.1	42.5	52.3	51.2	50.1	44.6	51.0
Used marijuana on school property during the past 30 days	12.7	16.0	21.7	16.8	20.5	15.9	15.9
Used any form of cocaine during their life	13.7	18.3	19.7	21.4	19.1	15.1	15.4
Used any form of cocaine during the past 30 days ("current")	5.0	7.1	9.9	10.2	11.4	6.1	6.6
Used inhalants during their life		37.9	29.1	24.2	20.0	21.3	23.5
Used heroin during their life				5.3	5.7	2.4	2.8
Used methamphetamines during their life				26.8	22.8	15.8	15.2
Used ecstasy during their life						8.0	6.9
Took steroid pills or shots without a doctor's prescription during their life	4.0	4.5	7.3	7.3	10.1	6.1	4.2
Used a needle to inject any illegal drug into their body during their life		4.3	4.3	5.3	4.5	2.8	3.8
Were offered, sold, or given an illegal drug on school property during the past 12 months	26.5	36.9	41.6	36.6	35.7	32.4	30.5

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<i>Sexual Behaviors</i>	1993	1995	1997	1999	2001	2003	2005
Percentage of students who . . .							
Ever had sexual intercourse	75.0	72.6	63.0	63.8	61.0	66.2	69.4
Had sexual intercourse before age 13	15.5	14.4	14.0	10.8	12.6	14.5	12.6
Had sexual intercourse with four or more people during their life	33.3	30.6	26.6	26.2	20.7	27.7	29.9
Had sexual intercourse during the past three months ("current")	50.5	43.3	39.4	41.5	37.5	43.5	47.9
Drank alcohol or used drugs before last sexual intercourse	38.8	35.7	39.0	42.2	37.2	35.9	26.9
Currently sexually active and used a condom during last sexual intercourse	48.1	45.7	51.1	50.7	64.8	63.0	61.2
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	10.4	9.9	10.9	6.8	7.4	11.5	10.0
Had ever been taught about AIDS or HIV infection	87.8	90.2	89.8	87.4	84.5	84.7	85.7

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<i>Weight Management and Dietary Behaviors</i>	1993	1995	1997	1999	2001	2003	2005
Percentage of students who . . .							
Described themselves as slightly or very overweight	44.6	37.0	36.6	37.9	38.3	38.5	39.8
Were trying to lose weight	47.9	47.1	49.7	47.0	51.3	50.2	52.3
Exercised to lose weight or to keep from gaining weight during the past 30 days		52.3	54.4	59.8	64.3	66.5	65.1
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days				42.3	44.3	39.1	41.2
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days				17.4	22.8	15.3	18.5
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days				12.7	10.4	10.7	7.4
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days		6.7	6.6	7.4	8.6	5.6	8.2
Drank 100% fruit juices during the past seven days				85.7	85.0	84.4	82.8
Ate fruit during the past seven days				86.9	88.8	87.4	88.4
Ate green salad during the past seven days				67.9	70.5	66.3	64.0
Ate potatoes during the past seven days				73.1	76.5	69.5	68.9
Ate carrots during the past seven days				52.4	55.2	49.3	46.7
Ate other vegetables during the past seven days				81.5	82.3	76.1	75.9
Drank three or more glasses per day of milk during the past seven days				15.2	16.8	14.4	13.5

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<i>Physical Activity</i>	1993	1995	1997	1999	2001	2003	2005
Percentage of students who . . .							
Exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days ("vigorous")	60.0	59.4	57.8	64.1	61.4	58.9	62.2
Participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days ("moderate")				24.1	23.9	20.6	22.3
Watched three or more hours per day of TV on an average school day				38.0	38.1	38.4	36.7
Attended physical education (PE) classes on one or more days in an average week when they were in school	60.0	58.8	60.3	57.4	62.0	63.2	58.7
Attended physical education (PE) classes daily in an average week when they were in school	43.9	38.3	41.3	41.9	32.4	32.9	35.2
Are enrolled in physical education (PE) class and actually exercised or played sports more than 20 minutes during an average PE class	71.7	69.3	70.7	73.2	76.6	76.9	76.6
Played on one or more sports teams during the past 12 months				59.8	65.1	60.8	66.4